

REDLAND PRIMARY SCHOOL LUNCH MENU



The deadline for ordering school meals for week commencing 31st March 2025 is **NO LATER THAN 0900 ON WEDNESDAY 26th MARCH 2025** so the kitchen can place orders. Payment can be made online at www.schoolmoney.co.uk which is the school's preferred method of ordering and payment. If you have mislaid your login details, please contact the school office. **DINNERS COST £2.50 PER DAY/£12.50 PER WEEK.**

Name:

Class:

W/C 31 MARCH 2025

| W/C 31 MAR 25 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|---|
| PLEASE TICK <u>ONE</u> OPTION PER DAY | One Pot Pork Mince & Rice garlic bread, peas & sweetcorn (2,7,13) <input type="checkbox"/> | Macaroni Cheese with Ham, & Broccoli (2,7,13) <input type="checkbox"/> | Roast Sausage Yorkshire Pudding, roast potatoes & seasonal vegetables (1,2,4,7,13,14) <input type="checkbox"/> | Chicken Tikka Curry rice & naan bread (2,4,7,9,10,11) <input type="checkbox"/> | Chicken Nuggets, chips & baked beans (2) <input type="checkbox"/> |
| | Veggie Pinwheel herby potatoes, peas & sweetcorn (2,7) <input type="checkbox"/> | Savoury Veggie Muffin Herby Potatoes & Broccoli (2,4,7) <input type="checkbox"/> | Vegetarian Quiche, half a baked potato & seasonal vegetables (2,4,7) <input type="checkbox"/> | Veggie Tikka Curry rice & naan bread (2,4,7,9,10,11) <input type="checkbox"/> | Quorn Dippers, chips & baked beans (2,4,7) <input type="checkbox"/> |
| | Pasta & Toppings (2,7) <input type="checkbox"/> | Baked Potato with a choice of filling (4,5,7) <input type="checkbox"/> | Baked Potato with a choice of filling (4,5,7) <input type="checkbox"/> | Pasta & Toppings (2,7) <input type="checkbox"/> | Fish Star, chips & baked beans (2,5) <input type="checkbox"/> |
| | Sandwich Bag Ham, cheese, jam or tuna roll, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/> | Sandwich Bag Ham, cheese, jam or tuna roll, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/> | Sandwich Bag Ham, cheese, jam or tuna roll, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/> | Sandwich Bag Ham, cheese, jam or tuna roll, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/> | Sandwich Bag & Crisps Ham, cheese, jam or tuna roll, crisps, cake, fruit yoghurt and a piece of fruit (2,4,5,7) <input type="checkbox"/> |

Allergens are shown by the numbers listed in (). Please see the table overleaf for detail of the allergen numbers

Please note that menus may be subject to change at short notice due to availability of products from our suppliers and theme days.

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TO ORDER

Place the completed order form and payment* (cheques payable to Redland School) into an envelope with your child's name and class written on the front. **Envelopes should be handed to the class teacher by the deadline overleaf.**

***IF YOUR CHILD IS ELIGIBLE FOR FREE SCHOOL MEALS, OR IN FS2 OR KS1, YOUR CHILD'S MEAL IS FREE BUT YOU MUST STILL PROVIDE THE MENU SELECTION.**

FURTHER INFORMATION

Baked potatoes are served with a choice of toppings eg. cheese, beans, coleslaw, etc (unless otherwise stated) (4,5,7)

Pasta is served with a sauce eg cheese, tomato & basil, chicken & tomato (2,5,7)

10g of tomato sauce is served once a week with chips (1,9).

There will be a choice of puddings each day, for example: flapjack, cakes, fruit jelly, cheese and crackers. Fruit and fruit yoghurt will be available as an alternative each day.

ALLERGEN INFORMATION

| Reference | Allergen | Examples | Reference | Allergen | Examples |
|-----------|---------------------------|---|-----------|-----------------|---------------------------------------|
| 1 | Celery | Celery stalks, leaves, seeds and celeriac | 8 | Molluscs | Mussels, oyster sauce |
| 2 | Cereals containing gluten | Wheat, rye, barley and oats | 9 | Mustard | Liquid mustard, powder seeds |
| 3 | Crustaceans | Prawns, scampi | 10 | Nuts | All types of nut and nut oil |
| 4 | Eggs | Mayonnaise, quiche, sauces, egg glaze | 11 | Peanuts | Peanuts, peanut butter and peanut oil |
| 5 | Fish | Fish cakes, fish portions, Worcestershire sauce | 12 | Sesame | Seeds and oil |
| 6 | Lupin | Lupin flour, seeds, types of bread | 13 | Soya | Soya products |
| 7 | Milk | Butter, cheese, cream, milk powders and yoghurt | 14 | Sulphur Dioxide | Preservatives, whole dried apricots |