REDLAND PRIMARY SCHOOL LUNCH MENU





Name:			Class: W/C 03 JUNE 24			
W/C	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
03 JUN 24						
	Italian Chicken,	Bacon & Cheese Puff,	Roast Chicken,	All Day Breakfast	Pepperoni Pizza,	
	hidden veg tomato sauce,	with oven baked wedges	Yorkshire pudding, new	sausage, bacon,	chips & baked beans	
	rice & peas	& baked beans or	potatoes & seasonal	scrambled egg, waffles,	(2,7)	
	(1)	sweetcorn	vegetables	baked beans, tomatoes &		
		(2,7)	(2,4,7)	mushrooms		
				(1,2,4,7,13,14)	_	
	Vegetarian Kyiv	Herby Cheese and	Roast Quorn,	Vegetarian Breakfast	Cheese Pizza,	
	Rice & peas	Onion Catherine Wheel,	Yorkshire pudding, new	veggie sausage,	chips & baked beans	
		with oven baked wedges	potatoes & seasonal	scrambled egg, waffles,	(2,7)	
PLEASE	(2,7)	& baked beans or	vegetables	baked beans, tomatoes &		
TICK ONE		sweetcorn	(2,4,7)	mushrooms		
OPTION		(2,7)		(2,4,6,7,14)		
	Pasta & Toppings	Baked Potato	Baked Potato	Breakfast Turnover	Salmon & Ketchup	
PER DAY	(2,7)	with a choice of filling	with a choice of filling	sausage, egg, baked	Fishcake	
		(4,5,7)	(4,5,7)	beans and cheese in	chips & baked beans	
				pastry, waffles & beans	(2,4,5,7)	
				(1 2 7 12)		
	Sandwish Bas	Sandwich Bog	Sandwish Bas	(1,2,7,13)	Sandwich Bag & Criens	
	Sandwich Bag	Sandwich Bag	Sandwich Bag	Sandwich Bag	Sandwich Bag & Crisps cheese, ham or tuna roll,	
	cheese, ham or tuna roll,			cheese, ham or tuna roll,		
	cake, fruity yoghurt and a	roll, cake, fruity yoghurt	cake, fruity yoghurt and a	cake, fruity yoghurt and a	cake, fruity yoghurt and a	
	piece of fruit	and a piece of fruit	piece of fruit	piece of fruit	piece of fruit	
	(2,4,5,7)	(2,4,5,7)	(2,4,5,7)	(2,4,5,7)	(2,4,5,7)	

Allergens are shown by the numbers listed in (). Please see the table overleaf for detail of the allergen numbers

Please note that menus may be subject to change at short notice due to availability of products from our suppliers and theme days.

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TO ORDER

Place the completed order form and payment* (cheques payable to Redland School) into an envelope with your child's name and class written on the front. **Envelopes** should be handed to the class teacher by the deadline overleaf.

*IF YOUR CHILD IS ELIGIBLE FOR FREE SCHOOL MEALS, OR IN FS2 OR KS1, YOUR CHILD'S MEAL IS FREE BUT YOU MUST STILL PROVIDE THE MENU SELECTION.

FURTHER INFORMATION

Baked potatoes are served with a choice of toppings eg. cheese, beans, coleslaw, etc (unless otherwise stated) (4,5,7)

Pasta is served with a sauce eg cheese, tomato & basil, chicken & tomato (2,5,7)

10g of tomato sauce is served once a week with chips (1,9).

There will be a choice of puddings each day, for example: flapjack, cakes, fruit jelly, cheese and crackers. Fruit and fruit yoghurt will be available as an alternative each day.

ALLERGEN INFORMATION

Reference	Allergen	Examples	Reference	Allergen	Examples
1	Celery	Celery stalks, leaves, seeds and celeriac	8	Molluscs	Mussels, oyster sauce
2	Cereals containing gluten	Wheat, rye, barley and oats	9	Mustard	Liquid mustard, powder seeds
3	Crustaceans	Prawns, scampi	10	Nuts	All types of nut and nut oil
4	Eggs	Mayonnaise, quiche, sauces, egg glaze	11	Peanuts	Peanuts, peanut butter and peanut oil
5	Fish	Fish cakes, fish portions, Worcestershire sauce	12	Sesame	Seeds and oil
6	Lupin	Lupin flour, seeds, types of bread	13	Soya	Soya products
7	Milk	Butter, cheese, cream, milk powders and yoghurt	14	Sulphur Dioxide	Preservatives, whole dried apricots